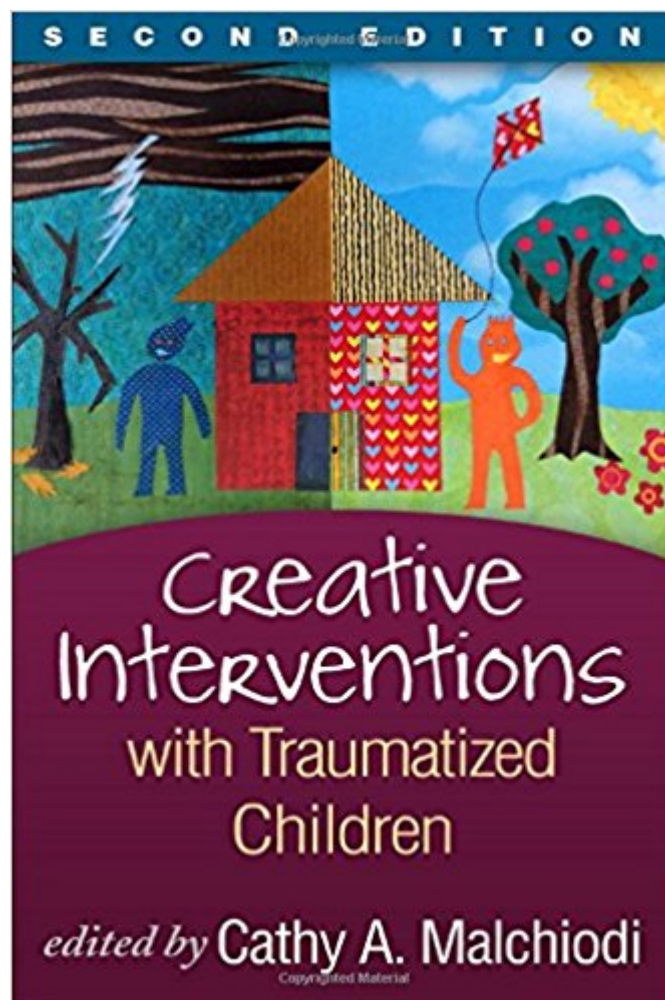




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# Creative Interventions With Traumatized Children, Second Edition (Creative Arts And Play Therapy)



## Synopsis

A trusted, bestselling resource, this volume demonstrates a range of creative approaches for facilitating children's emotional reparation and recovery from trauma. Experts in play, art, music, movement, and drama therapy, as well as bibliotherapy, describe step-by-step strategies for working with children, families, and groups. Rich with case material and artwork, the book is both practical and user-friendly. Specific types of stressful experiences include parental loss, child abuse, family violence, bullying, and mass trauma. Important developments in neurobiology, self-regulation, and resilience and posttraumatic growth are highlighted in this substantial revision. New to This Edition: \*Chapters on art therapy and EMDR, body maps and dissociation, sandtray play, resiliency-based movement therapy, work with clay, mindfulness, and stress reduction with music therapy. \*Updated and expanded discussions of trauma-informed therapy and the neurobiological basis for creative interventions. \*The chapter on mass violence has been extensively rewritten with new case material on the Sandy Hook school shooting.

## Book Information

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## Customer Reviews

"Malchiodi and her colleagues understand the needs of traumatized children and how to respond to them. In this book of wide-ranging creative therapeutic interventions, contributors report on techniques grounded in the latest psychophysiological and developmental research. They describe expressive/experiential/body-based creative arts techniques that help traumatized children address

and process the effects of their traumatic experiences. Among the many strengths of this book are its focus on flexibly adapting the various strategies to the specific needs and context of each child and its emphasis on strengths and resiliency."--Christine A. Courtois, PhD, ABPP, private practice (retired), Washington, DC; consultant and trainer, trauma psychology and treatment "Another exceptional book from a highly regarded clinician, author, and speaker! Malchiodi has assembled a group of experts to present the beautifully written and illustrated second edition of this important volume. The book includes cutting-edge creative interventions and updated discussions of practice issues, research, and multicultural applications. Like the first edition, this comprehensive and highly accessible work contains a wealth of practical information and is a 'must read' for both professionals and students to guide their work with children."--Sue C. Bratton, PhD, LPC-S, RPT-S, Professor and Director, Center for Play Therapy, University of North Texas "Malchiodi has once again delivered a volume that beautifully blends theory, science, and technique with clinically sound strategies for helping traumatized children. Whether your interest is art, play, sandtray, drama, music, or movement therapy, you will find valuable information and fresh clinical insights to inform your practice. Newer therapists will receive a solid grounding in a trauma-informed approach to expressive therapies, and seasoned therapists will find creative interventions to expand their clinical repertoires. This second edition is a welcome addition to the libraries of those who practice developmentally sensitive trauma work with children."--Paris Goodyear-Brown, LCSW, RPT-S, Nurture House, Franklin, Tennessee "As understanding has increased of neurobiology and sensory processes in trauma, so has the need for practitioners to develop skills in the use of creative arts and expressive therapies for treatment. This well-written volume offers both breadth and depth, while providing flexible and developmentally friendly treatment approaches that are client-focused and driven by individual and family needs relating to trauma. Compelling case examples bring these approaches to life. I highly recommend this work to all practitioners who work with children and families living with trauma in its many forms. It's a wonderful book!"--Ris VanFleet, PhD, RPT-S, CDBC, President, Family Enhancement and Play Therapy Center, Boiling Springs, Pennsylvania "The book has a rich collection of black-and-white sketches that are worth the price of the book on its own merit. They speak when words fail....The book has good reference information, organized by chapters." (on the first edition) (Illness, Crisis and Loss 2010-01-01)"I would recommend this well-researched and well-informed book to therapists working in schools with children of displaced, disenfranchised survivors of war and disaster and those working with families around the world who are struggling to make sense of their traumatizing experiences....This book is packed with suggested activities for therapists to help

restore the child's sense of safety and ability to function creatively and spontaneously." (on the first edition) (Child and Adolescent Mental Health 2009-02-01)"The book is well structured and each chapter offers the reader a deeper understanding of specific creative applications and useful interventions for working with traumatized children, families, and groups....I found Malchiodi's presentation of the neurobiological effects of trauma to be an exciting introduction to new ways of looking at trauma work with children. It serves as a foundation for the important and moving work described by the contributing authors and sets the tone for the book." (on the first edition) (Art Therapy 2014-05-01)

Cathy A. Malchiodi, PhD, ATR-BC, LPCC, LPAT, REAT, is an art therapist, expressive arts therapist, and clinical mental health counselor, as well as a recognized authority on art therapy with children, adults, and families. She has given more than 400 presentations on art therapy and has published numerous articles, chapters, and books, including *Understanding Children's Drawings and Handbook of Art Therapy, Second Edition*. Dr. Malchiodi is the founder and executive director of the Trauma-Informed Practices and Expressive Arts Therapy Institute. She has worked with a variety of community, national, and international agencies, particularly on the use of art therapy for trauma intervention, disaster relief, mental health, medical illness, and prevention. She is the first person to have received all three of the American Art Therapy Association's highest honors: Distinguished Service Award, Clinician Award, and Honorary Life Member Award. She has also received honors from the Kennedy Center and Very Special Arts in Washington, DC. A passionate advocate for the role of the arts in health, she is a blogger for Psychology Today. Dr. Malchiodi is coeditor (with David A. Crenshaw) of Guilford's Creative Arts and Play Therapy series.

This is a great book to help therapist work with their clients to have history of trauma. It's easy to read and understand. Anyone out of a grad program or undergrad should be able to understand the concepts explained. I like that they have specific interventions for me to use with my clients too. Sometimes it frustrating reading books that only focus on concepts and have no real world application. This book is great about that. A great addition to any therapist's library.

Teacher has no complaints

Love this book! So many creative interventions.

Massive learning, easy to understand and relate to.

Great book with lots of good ideas!

Good

The 2nd edition of this bestselling book is a real gem. Cathy Malchiodi has once again with her outstanding contributors put together an extraordinary volume packed with updated state-of-the art knowledge and creative interventions with traumatized children. Highly recommended to all practitioners from beginning to seasoned therapists.

Whenever I am seeking information in the arena of Art/Creative Therapies, It is refreshing to look at Cathy Malchiodi's work. Her writing is clear and precise, easily understandable by the professional or even layperson seeking knowledge in an unfamiliar realm. In a quest to learn about how trauma physically and emotionally affects a child, I found Dr.

Malchiodi's book, written along with Dr. Bruce D. Perry, entitled, Creative Interventions with Traumatized Children. The book explains and defines trauma, with examples. Then it goes on to describe how trauma effects the physical body and the developmental processes of the child, which include those of the brain. These processes will include the way the child feels, thinks and believes. These are the things that will most likely need to be addressed in Therapy. There are a number of Creative Therapies that are beneficial for children with trauma issues. In this book, the various Therapies are described by its assorted practitioners. Examples of specific interventions are described for varying circumstances. As you read them, they make perfect sense. You can understand how they would be effective. I am a reader who does not like to wade through unnecessary verbiage for the purposes of making the writer appear

“intellectual”. I like a smart (while obviously gifted) writer who writes what they know in a way that they convey their knowledge to the reader. That is what I find in Dr. Malchiodi's books. Dr. Perry is a successful partner in this endeavor. This book is a “must have” on any Therapist's professional library shelf.

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